



**Vietnam  
Health  
Improvement  
Project**

**hulza**  
Stichting Hulpverlening  
Zuidoost-Azië

## **UPDATED REPORT ON INCLUSIVE EDUCATION FOR CHILDREN INFECTED/AFFECTED BY HIV/AIDS IN QUANGNAM PROVINCE - VIETNAM 2023**

The project named “Inclusive Education for Children Infected/Affected by HIV/AIDS in Quangnam province - Vietnam” has been implementing in Quang Nam province with the cooperation between VNHIP and Quangnam Center for Disease Control (Quangnam CDC).

This project has provided the awareness-raising activities, scholarship, life skill training courses receive necessary financial support for children, families, and communities to enable the children receiving inclusive education and integrating into their family as well as their community.

With HULZA Foundation timely support in 2023, VNHIP cooperated with Quangnam CDC to support households directly by providing needed things for them.

We have planned to support up to 30 children infected/affected by HIV/AIDS. We collaborated with Quangnam CDC to directly provide necessary financial aid for children by providing 30 scholarships for the new school year 2023-2024 in this autumn to enable them to be enrolled in inclusive education, to integrate into their families as well as into their communities.

Starting from 2018, this long-term project continued to receive funding from the HULZA Foundation in 2023. VNHIP directly transferred most of the funding to local partners so they can implement all activities of the project.

We would like to thank you for your great support over the years in helping fulfil our needs. Please consider continuing to support our work.

## PHOTOS OF ACTIVITIES CONDUCTED

### I. International Children's Day event (60 attendees: include 30 children infected/affected with HIV/AIDS and their caregivers)

On the occasion of International Children's Day, VNHIP together with the Quangnam CDC held an event for 30 children including 14 children living with HIV/AIDS and 16 children affected by HIV/AIDS and their caregivers in Quangnam province.

This event conveyed significant meaning for 30 HIV/AIDS infected/affected children who suffer more disadvantages than other normal children.

In addition, many activities were carried out and all children and their caregivers engaged actively and enjoyed themselves completely. And gifts were also offered to all children.

Besides that, we delivered in-cash scholarships to 30 children infected/affected by HIV/AIDS.

This support helped HIV/AIDS children from poor families have the opportunity to continue their study and pursue their dream.





## II. Scholarship

We delivered in-cash scholarships to 30 children infected/affected by HIV/AIDS. The HIV/AIDS infected/affected children and their caregivers much appreciated the scholarships as they enabled them to buy learning materials, school tuition, uniforms, school supplies as well as an extra tuition fee for the new school year. Especially in the context of their families' income considerably decreased due to the unstable income.

This support helped HIV/AIDS infected/affected children from poor families have the opportunity to continue their study and pursue their dream.



## III. The advance training course on life-skill development for the HIV infected/affected children in Quang Nam province, Vietnam.

Following previous successful life skill development training sessions, VNHIP recently organized more trainings for disadvantaged children in Quang Nam and 08 topics below were covered:

1. Self-Awareness Skill
2. Targeting skill
3. Time management skill
4. Inspirational skill
5. Self-defense skill
6. Skill to seek for support
7. Self-care skill
8. Skills to influence others - Summary – Evaluation

On June 25<sup>th</sup>, we kicked off our first class and it went so great.

#### 1. Self-Awareness Skills

- Students realize that they are valuable people, so they should respect and love themselves.
- Help students see their inner values properly and be able to bounce back when they face any challenges.
- Help them realize their own potential, they will use it to maximize it and be more successful in life.
- Know the methods and skills to determine self-worth.
- Understanding the skill of determining one's own value is essentially.





## 2. Goal setting skill

- Present the meaning and importance of setting goals in life.
- Analyze requirements when setting goals.
- Ability to set goals for yourself in life.
- Some tips to reach your goal.





### 3. Time management skill

- Understand the meaning and importance of time management.
- Understand the requirements of Time Management Skills and what to do for effective time management.
- Know how to apply time management skills in real life to achieve set goals.





#### 4. Inspirational skill

- Understand the concept of inspirational skills.
- Recognize some situations that need to inspire properly.
- Manage and respond to appropriate situations to inspire in daily life.
- Some effective ways to inspire others.



#### 5. Self-defense skill

- Recognize symptoms/ acts of abuse and fraud.
- Have skills to prevent and respond to situations of abuse and fraud.
- What to do when facing with the abuse



- Hotline to contact when any child faces with abuse.



## 6. Skill to seek for support

- Understand the definition of skills to seek for support and help
- State the benefits of seeking support and help when encountering difficulties.
- Know how to find reliable support addresses when you need to seek support.
- Be aware of keeping appropriate manners when asking for support



## 7. Self-care skill

- Understand the ability to take care of your own life in terms of health, mental and physical health.
- Know the benefits of taking care of yourself.

- Knowing how to take care of yourself will help people control negative emotions and work towards healthy actions to become healthier and better every day.
- Help them understand that we can only help people if we know to take care of ourselves and be healthy enough.



## 8. Skills to influence others - Summary – Evaluation

Understand additional skills to build skills to influence others such as:

- Attract the attention of others.
- Positively influence others to change their opinions.
- Become active and positive.
- Be aware of emotional health.
- Build empathy.
- Build trust.
- Improve knowledge if you want to influence others.





Improve the accessibility to education and develop social and life-skills of HIV/AIDS - Infected/Affected Children and youth.

Via 08 topics of life skill training courses, 15 HIV/AIDS infected/affected children not only enhance life skill but also improve their practical skills from 08 different life skills topics.

The life skills training course has eliminated children's shyness, timidity, passivity, lack of confidence, and self-esteem.

Through learning and practicing, skills such as: listening, doing group exercises, communicating, guiding when doing group exercises, asking questions, commenting/sharing information skills, the ability to confidently present in front of an audience, as well as public speaking skills, has been formed. This will give children much-needed skills to apply in the learning environment as well as the living environment.

In addition, the training helped raise awareness of government officials is Quang Nam CDC belongs to the Quang Nam Department of Health - the direct management unit as well as caregivers who understand their children better while participating in life skills topics.